

**CALL FOR THE AWARD OF A RESEARCH GRANT IN THE SCOPE OF R&D  
PROJECTS AND INSTITUTIONS REF.  
BI/MEDDIETMENUMS4CAMPUS/PRIMA/0011/2022**

The Centre for Psychological Research and Social Intervention (CIS) of Iscte – University Institute of Lisbon opens a call for the award of 01 research grant, Bachelor's degree, in the scope of the project "*Promoting stakeholder adherence to Mediterranean Diet on campus through menu interventions and social marketing strategies (MEDDIETMENUMS4CAMPUS)*," Reference PRIMA/0011/2022, submitted to the PRIMA "Section 2" - 2022 call and financed by the Foundation for Science and Technology, under the following conditions:

**1. Scientific Area**

Psychology

**2. Applicants' admissibility requirements**

Applications for this call may be submitted in accordance with Article 9 of the Research Grant Regulation of the Foundation for Science and Technology, Regulation No. 950/2019, of December 16, as amended by Regulation No. 643/2021, of July 14:

- a) National citizens or citizens from other Member States of the European Union;
- b) Third-party states citizens.
- c) Stateless individuals.
- d) Citizens holding a political refugee status.

Specific mandatory requirements of the candidates for applying to this Research Grant are:

- Hold a Bachelor's degree in Psychology<sup>1</sup>;
- Enrollment, at the grant start date, in a Master's program in Psychology or in a non-degree course integrated into the educational project of a higher education institution, developed in association or cooperation with one or more R&D units.<sup>2</sup>
- Not to exceed, with the conclusion of the grant contract in question, including possible renewals, a period of one year for this type of scholarship, in accordance with paragraph 4 of Article 6 of the aforementioned Regulation.<sup>3</sup>

- Be immediately available;
- Proficiency in spoken and written Portuguese and English.

1 If the qualification has been conferred by a foreign higher education institution it must be recognized by a Portuguese higher education institution, under the terms of the provisions of article 25 of Decree-Law no. 66/2018, of August 16th, which approves the legal regime of recognition of academic degrees and diplomas of Higher Education, attributed by foreign higher education institutions, and of paragraph e) of no. 2 of article 4 of Decree-Law no. 60/2018, of August 3rd, and any formalities established therein must be fulfilled by the date of the hiring act.

2. The proof of enrolment must be presented upon contracting. At the application stage, it can be replaced by a declaration of honor in which he/she/they declare/s to meet the requirements for enrolment in a course not conferring academic degree.

3 For verification of this requirement a declaration of honor must be presented.

#### **Preferred factors:**

- . Experience in collaborating on research work, preferably in the area of social psychology, health psychology or other related areas that the jury considers relevant to the position and implementation of the research plan;
- . Experience in supporting project management (or similar tasks);
- . Experience in disseminating, promoting, and communicating scientific research findings;
- . Good knowledge of tools for collecting and analyzing quantitative and qualitative data.

### **3. Work plan**

MEDDIETMENUS4CAMPUS is an interdisciplinary project implemented by several national and international institutions (Croatia, Turkey), coordinated at Iscte by Prof Marília Prada. The main aim of the project is to investigate the barriers and facilitators of adherence to menus aligned with the principles of the Mediterranean Diet in canteens at higher education institutions. Findings will inform the development of strategies to promote healthier and more sustainable eating habits.

The grant holder will be part of the project team and will carry out R&D activities under an exclusive dedication regime, collaborating on tasks in line with the project's objectives, namely:

- Literature review;
- Collection of quantitative data (e.g., using face-to-face and/or online questionnaires Qualtrics) and qualitative data (e.g., interviews; focus groups);
- Support in the transcription and analysis of qualitative data (e.g., MAXQDA);
- Support in the management and analysis of quantitative data (e.g., SPSS);
- Support for project management (e.g. preparation of working meetings with team members);
- Promotion, dissemination and demonstration of the project and its results.

#### **4. Applicable legislation and regulations**

Research Grant Holder Statute, as amended by Decree-Law no. 123/2019, of 28 August; Research Grant Regulation of the Foundation for Science and Technology, I.P., Regulation no. 950/2019, of 16 December, amended by Regulation 643/2021, of 14 July; Decree-Law no. 66/2018, of 16 August (Legal regime for recognition of academic degrees and higher education diplomas awarded by foreign higher education institutions) and other applicable regulations.

#### **5. Workplace**

The work will be carried out at the Centre for Research and Social Intervention (CIS) (applicant's host entity) of the Iscte-University Institute of Lisbon (the contracting institution), under the scientific supervision of Professor Marília Prada.

#### **6. Type and duration of the grant**

The research grant (BI) is intended for the execution of R&D activities by graduates, Bachelor's degree, enrolled in non-degree programs or by master's students. The BI, scheduled to begin in November, will last until the maximum limit of the approved funding or until the maximum duration of this type of grant, whichever occurs first, considering the limits defined in paragraphs 3 and 4 of Article 6 of Regulation No. 950/2019, of December 16 (Regulation on Research Grants of FCT, I.P.).

## **7. Amount of monthly maintenance allowance**

The amount of the full-time and exclusive scholarship corresponds to 990,98€, according to the table for scholarships directly or indirectly financed by FCT. I.P, in Portugal (<https://www.fct.pt/financiamento/programas-de-financiamento/bolsas/>), that will be monthly paid by bank transfer to the grant holder and updated, when applicable.

The scholarship holder will benefit from personal accident insurance related to the research activities and can use the right to social security through the voluntary social insurance regime, under the terms of the Research Fellow Statute (EBI). The financial entity will ensure the charges resulting from contributions under the terms and with the limits provided in EBI.

## **8. Selection methods and evaluation criteria**

8.1. Curriculum evaluation will be performed considering the *Curriculum Vitae* and the Motivation Letter submitted and will be exclusively based on the merit of the candidate. The following criteria will be evaluated and weighted as indicated:

a) *Curriculum Vitae* (75%)

- Bachelor's degree final grade (25%);
- Experience in collaborative research in Psychology (e.g., short-term internships) (30%);
- Relevant training in the project's area (e.g., methodologies for collecting and analyzing quantitative and qualitative data) (20%);

b) Motivation Letter (25%).

8.2. Candidates will be scored from 0 to 100 in each of the above evaluation criteria.

8.3 Completed the curriculum evaluation, the jury reserves the right to call the three candidates ranked first for an interview, being notified by e-mail.

8.4. During the interview, it will be discussed the topics related to the work plan, previous experience, motivation and CV.

8.5 If the interview is included, the final grade will have a weighting of 80% curriculum evaluation + 20% interview.

8.6. In the case of a tie, the chair of the selection jury has the casting vote.

8.7. The jury reserves the right to not award the grant if none of the candidates matches the desired profile.

8.8. The current call might be closed until the homologation of the final ranked list of the candidates and is valid for 12-month period starting from the homologation date of the final ranked list of the current procedure.

### **9. Composition of the Selection Jury**

President: Doctor Marília Prada, Associate Professor (with aggregation) at Iscte

Effective member: Doctor Magda Saraiva, Assistant Researcher at William James Center for Research, ISPA-Instituto Universitário

Effective member: Doctor Cláudia Viegas, Adjunct Professor at the Lisbon School of Health Technology, Polytechnic Institute of Lisbon

Alternate member: Doctor David L. Rodrigues, Associate Researcher with Aggregation at Iscte.

### **10. Application deadline**

The call is open from October 16th to October 29th, 2024. Only applications submitted within the deadline will be admitted.

### **11. Application submission**

It is mandatory to submit the applications through the recruitment platform at <https://recrutamento.iscte-iul.pt/jobs/534> by the deadline fixed in this notice with the following reference call "BI/MEDDIETMENUS4CAMPUS/2024".

11.1. Applications must be accompanied by these documents:

- a) Document proving the country of residence, residence permit or other legally equivalent document, in the case of foreign citizens, valid at the beginning date of the scholarship;
- b) *Curriculum vitae*;
- c) Motivation letter written in English (maximum 2 pages);
- d) Document(s) proving the qualifications of the academic degree required for the present call, with final grade;

*If the qualification has been conferred by a foreign higher education institution it must be recognized by a Portuguese higher education institution, under the terms of article 25 of Decree-Law no. 66/2018, of August 16, which approves the legal regime of recognition of academic degrees and diplomas of Higher Education, attributed by foreign higher education institutions and paragraph e) of no. 2 of article 4 of Decree-Law no. 60/2018 of August 3, and any formalities established therein must be fulfilled by the date of the hiring act.*

*The documents proving the title of academic degrees and diplomas, or the respective recognition when they have been awarded by foreign higher education institutions, may be dispensed with during the application stage, being replaced by a declaration of honor (template available at <https://recrutamento.iscte-iul.pt/jobs/534> ). This condition will only be verified during the contracting stage of the grant.*

- e) Proof of enrolment in a Master's program in Psychology or in a course that does not confer an academic degree, integrated in the educative project of a higher education institution, and developed in close collaboration with one or several R&D units or declaration of honor in which he/she/they declare/s to meet the requirements for enrolment in a master´s program or in a course not conferring academic degree (template available at <https://recrutamento.iscte-iul.pt/jobs/534> );
- f) Declaration of honor stating that he/she/they do/does not exceed with this contract, including the possible renovations, a period of one year in this type of grant (template available at <https://recrutamento.iscte-iul.pt/jobs/534> );
- g) Other supporting documents considered relevant to the assessment of scientific merit;
- h) Recommendation letter(s) (between 1 and 3);
- i) Proof of application submission duly signed, if required by the recruitment platform <https://recrutamento.iscte-iul.pt/jobs/534> , after submitting the documents previously indicated.

11.2. All the documents must be attached in PDF format.

11.3. Candidates that don´t submit the documents listed from paragraphs a) to h) of no. 11 will be excluded.

11.4. If necessary, candidates can contact by e-mail to: [Marilia\\_Prada@iscte-iul.pt](mailto:Marilia_Prada@iscte-iul.pt)

## 12. Publication/notification of results

The results of the evaluation will be published and notified no later than 90 working days after the closing date for submission of applications, via e-mail to the e-mail address used by the candidate and indicated in the application.

### **13. Deadlines and procedures for preliminary hearing, claims and appeals**

Once the provisional ranked list of the evaluation results has been communicated, applicants who have an unfavourable provisional decision may use their right to dispute it during the preliminary hearing phase, which takes place within 10 working days, according to Articles no. 121 and the following of the Administrative Procedure Code (CPA).

The final decision will be disclosed after the analysis of the applicants' arguments presented in the preliminary hearing. Final decision can be claimed within 15 working days or, alternatively, appealed within 30 working days, after the communication date of the final results, respectively. Applicants who choose to submit a claim should present their arguments to the competent body. Applicants who prefer to submit an appeal should present their arguments to the highest superior body of the author of the act or omission, except if the decision competencies were delegated or sub-delegated.

### **14. Requirements for the Research Grant**

After communication of the conditional granting of the research grant, the contract can only be signed after receiving all the documents required. The following documents are of mandatory submission for the studentship contract:

- a) Civil and fiscal identification document data; bank data; Science ID;
- b) Document confirming the title of the required academic degree to the present call, with the final grade/ Proof of recognition of foreign academic degrees and conversion of the respective final classifications into the Portuguese classification scale;
- c) Proof of enrolment in a master's program in Psychology or in a course that does not confer an academic degree, integrated in the educative project of a higher education institution, and developed in close collaboration with one or several R&D units;
- d) Supervisor(s) statement accepting the responsibility of supervising the work plan, as established in Article no. 5-A of the Statute for Research Fellowships;
- e) Document issued by the host institution where the work plan will be carried out, accepting the candidate and guaranteeing the necessary conditions for

- the successful development of the work plan, as well as the fulfilment of the duties established in Article no. 13 of the Research Fellowship Holder Statute;
- f) Updated document proving compliance with the exclusive dedication regime (template available at <https://recrutamento.iscte-iul.pt/jobs/534>)

### **15. Non-discrimination and equal opportunity policy**

Iscte- University Institute of Lisbon actively promotes a policy of non-discrimination and equal access; therefore, no applicant can be privileged to, benefited from or deprived of any right or exempt from any duty, in particular due to ancestry, age, sex, sexual orientation, marital status, family situation, economic situation, education, origin or social condition, genetic assets, reduced work capacity, disability, chronic disease, nationality, ethnic origin or race, territory of origin, language, religion, political or ideological convictions and union membership.

The templates of the grant contract and of the final report to be developed by the grantee and the supervisor are available at <https://recrutamento.iscte-iul.pt/jobs/534>